

Honor Me
Honor

hon·or noun \ 'ä-nər \

: respect that is given to someone who is admired

It is easy to identify those who honor you. Honor is directly related to how you are valued and admired. Those who honor you place such high value on who you are that their admiration of you speaks loudly and is demonstrated in how you are treated. When you are honored you will feel like royalty whenever that person shows up. They recognize the weight of your opinions; they value your wishes and defend you when either of these is threatened.

I have been in the company of couples when the woman is dishonored. I've heard him tell her, "Shut up" or call her "stupid" or "dumb". The scars such dishonor leaves behind continue to insult you long after the words have been spoken. Self-opinion erodes, confidence becomes extinguished, while the groundwork for a heart subject to manipulation is established. Desperate for love, she fails to see his dishonorable words are only tools for the master manipulator who needs to dishonor her so that he can feel better about himself. Such dysfunctional relationships show up in society all the time. It is so sad to see toxic people contaminate a healthy heart, full of potential in the name of love. Soon after the infatuation wears off and the break up is done, she is left so wounded she's incapable of fully trusting the next man who comes along.

To be honored is the standard that protects the heart. An easy sign that hurt is close is when his dishonoring of you is frequent, careless and without remorse. When this is evident, decisions must be made. For pain and suffering will happen in life, but misery is an option. It is one thing in life to experience the everyday typical regrets, but to live in constant misery because of the dishonor you accommodate is something quite different. Remember, that which you accommodate you will never be able to change. Honor respects and reveres. Honor admires. Honor values. Honor lifts up, but never puts down. Honor does not disappoint. Dishonor shames, blames, ridicules and belittles. Know the difference; take the high road every time. Choose honor, choose life, for though you were born to win, you must choose to be a winner.